

*Maritime Directory of
Services for Survivors of
Sexual Abuse*

Compiled as a public service by:



ARNOLD • PIZZO • MCKIGGAN

TRIAL LAWYERS

Introduction

Selecting a counselor is a highly personal matter. A professional who works well with one individual may not be a good choice for another person. It is important to find a good fit between you and your counselor. Selecting a counselor is a decision that should not be made until you have had a full discussion with the professional about their qualifications, areas of practice and methods of treatment.

This list has been compiled from a variety of sources as a public service and is believed to be accurate. The information is provided to help survivors find a support person they can work with in their path to recovery. Nothing contained in this list should be considered a reference or recommendation for any of the professionals or counseling services listed.

“How do I pay for counseling?”

One of the most common concerns abuse survivors face is how they can afford counseling and/or psychological treatment. Money should never be a barrier to receiving appropriate counseling. However, the sad fact is that most abuse survivors who need counseling are not in a position to be able to afford it.

Some survivors simply don't realize that there are different potential sources of financial help that may enable them to pay for the counseling that they need.

Common Payment Options:

Cash: All health professionals will accept cash to provide treatment. This is of course usually the biggest barrier for most survivors. They simply don't have the money to pay for the counseling that they need.

Insurance: If you have private medical insurance there is a good chance your policy has coverage for counseling. If you have private medical insurance you should get a copy of your policy and read it, or contact your insurance company to ask if the policy covers the cost of private counseling. Your insurance company will have customer service representatives that can explain the policy benefits to you.

Doctor Referral: If you are referred by your family doctor to a psychiatrist, your provincial medical insurance program will pay for the treatment. However, many psychiatrists do not make a practice of providing ongoing treatment to abuse survivors. Those that do, often have long waiting lists. You may have to wait for several months for an appointment. Before you are referred to a psychiatrist ask your doctor if the psychiatrist specializes in trauma and treating persons who have experienced sexual abuse.

Victims Services: If there has been a police report or criminal investigation regarding the abuse that you suffered, you or your family may be eligible for counseling from a psychologist or social worker or therapist from the provincial Victims Services program.

For example, in Nova Scotia, if you have been the victim of a crime committed in Nova Scotia, you may be eligible for funding to pay for professional counseling through the Criminal Injury Counseling Program.

Counseling is provided by private counselors in the community who have been approved to be part of the Criminal Injury Counseling Program.

Private Agencies: There are many private agencies and organizations that provide counseling to abuse survivors. You may be able to receive counseling through your local sexual assault centre, mental health centre or women's resource centre.

Nova Scotia/Nouvelle-Écosse

A.P.N.S.

Association of Psychologists of Nova Scotia

1657 Barrington Street, Suite 417
Halifax, Nova Scotia B3J 2A1
Telephone: (902) 422-9183
Fax: (902) 462-9801
E-Mail: apns@apns.ca

Dr. Virginia Walford

255 Lacewood Drive, Suite 203
Halifax, Nova Scotia, Canada
B3M 4G2
Phone: (902) 454-6166
Fax: (902) 454-8975
Email: info@rothassociates.ca

Dr. Maria Angelopoulos

Jacqueline Milner-Clerk & Associates Inc.
44-46 Portland Street
Dartmouth, NS B2Y 1H4
Phone: (902) 461-8133
Fax: (902) 461-0517
Web: www.jmcpyschology.ca

Dr. Donna Assh

5675 Spring Garden Road
Suite 200
Halifax, NS B3J 1H1
Phone: (902) 422-0337
Fax: (902) 429-8333
Email: dash@eastlink.ca

Dr. Laraine Birnie

Suite 304
1550 Bedford Highway
Bedford, NS B4A 1E6
Phone: (902) 835-4413
Fax: (902) 445-4290
Email: Larbill2@ns.sympatico.ca

Dr. M. Genest

Genest Psychological Services
5739 Inglis Street
Halifax, NS B3H 1K5
Phone: (902) 492-2546
Fax: (902) 423-3469
Web: www.genestpsychology.com

Dr. Curt Peters

Corner Stone Psychological Services
2045 Harvard Street
Halifax, NS B3L 2S6

Phone: (902) 407-4455
Fax: (902) 407-4458
Email: Info@cornerstoneclinic.ca

Dr. Gerald Hann

Hann Psychological Services
Coburg Place Professional Centre
6389 Coburg Road
Suite 100
Halifax, NS B3H 2A5
Phone: (902) 453-8336
Fax: (902) 453-8337
Email: Info@hannpsychologicalservices.com

Dr. Charles Hayes

Hayes Psychological Services
1459 Hollis Street
Halifax, NS B3J 1V1
Phone: (902) 492-3533
Fax: (902) 492-8710
Email: hps@ns.sympatico.ca

Dr. Nina Woulff

Woulff Psychologists & Associates
Hydrostone Market
5539-B Young Street
Halifax, NS B3K 1Z7
Phone: (902) 492-1271
Fax: (902) 421-1990
Email: nw@doctornina.ca
Web: www.drnina.org

Lauren Marsh-Knickle

Marsh-Knickle & Associates Inc.
1278 Bedford Highway
Bedford, NS B4A 1C7
Phone: (902) 832-0830
Email: marshknickle@eastlink.ca
Web: www.mkpsych.com

Dr. Maureen Sullivan

Fenwick Psychological Services
Suite 314
5595 Fenwick Street
Halifax, NS B3H 4M2

Phone: (902) 421-7514
Fax: (902) 421-1292
Web: www.fenwickpsychological.ca

Dr. Carolyn Humphries

Breakthrough
Suite 401- 3845 Joseph Howe Drive
Halifax, NS B3L 4H9

Survivors of Sexual Abuse

Cumberland Mental Health Services
110 East Pleasant Street
Amherst, NS B4H 1N6
Tel: (902) 667-3879
Fax: (902) 667-5959
w, m, c

Family Service of Antigonish

188 Main Street
Antigonish, NS B2G 2B9
Tel: (902) 863-2358
Fax: (902) 863-0415
w, m, c, \$

Antigonish Women's Resource Centre

219 Main Street, Suite 204
Antigonish, NS B2G 2C1
Tel: (902) 863-6221
Fax: (902) 863-1144
E-mail: antigwomen@ns.sympatico.ca

Victim Services Division

Nova Scotia Department of Justice
277 Pleasant Street
Dartmouth, NS B2Y 4B7
Tel: (902) 424-3307
1-888-470-0773
Fax: (902) 424-0731
Web site: www.gov.ns.ca/just/victimservices
w, m, c

Anne Dobson, MC

Anne Dobson Counselling and Consulting
116-287 Lacewood Dr, Halifax
ph: 448-6996
email: annedobson@eastlink.ca

Alice Housing

P.O. Box 333
Dartmouth, NS B2Y 3Y5
Tel: (902) 466-8459
Fax: (902) 466-9808
E-mail: alicehousing@ns.sympatico.ca

Digby Mental Health Center

P.O. Box/C.P. 289
Digby, NS B0V 1A0
Tel/Tél: (902) 245-4709
Fax/Télé: (902) 245-2145

Family Service of Glace Bay

9 Minto Street
Glace Bay, NS B1A 5B2
Tel: (902) 849-4772
Fax: (902) 849-0213

Bryony House

5663 Cornwallis Street, Suite 104

Halifax, NS B3K 1B6

Tel: (902) 429-9002

Fax: (902) 429-0954

W

Barry House

2581 Brunswick Street

Halifax, NS B3K 2Z5

Tel: (902) 422-8324

Fax: (902) 422-2046

E-mail: terra.slsns@gmail.com

Web site: www.slsns.ns.ca

Phoenix Youth Programs

6035 Coburg Road

Halifax, NS B3H 1Y8

Tel: (902) 420-0676 Emergency (902) 446-4663

Fax: (902) 422-7656

E-mail: phoenix@phoenixyouth.ca

w, m, (16-24)

Dr. Carolyn Humphreys

Breakthrough

Suite 401, 3845 Joseph Howe Drive

Halifax, NS B3L 4H9

Tel/Tél: (902) 455-9939

Fax/Télé: (902) 454-4986

E-mail/Courriel: the.team@breakthrough.ns.ca

www.breakthrough.ns.ca

Adsum House

Association for Women's Residential Facilities

2421 Brunswick Street

Halifax, NS B3K 2Z4

Tel: (902) 429-4443

Fax: (902) 423-9336

E-mail: adsumhouse@hfx.eastlink.ca Web site: www.adsumhouse.org

S.O.A.R.

Survivor's of Abuse Recovering

P.O. Box 105

Kentville, N.S. B4N 3V9

Tel: (902)-679-7337

Toll free: 1-877-679-SOAR (7627)

E-mail: info@survivorsofabuserrecovering.ca

Avalon Sexual Assault Centre

1526 Dresden Road

4th Floor

Halifax, NS B3J 3K3

Tel: (902) 425-0122

Fax: (902) 422-4628

Immediate Sexual Assault Line (902) 422-4240

Help Line (902) 421-1188

Mobile Crises (902)429-8167
E-mail: avaloncentre@ns.sympatico.ca

Shelburne Mental Health Center

P.O. Box/C.P. 610
Shelburne, NS B0T 1W0
Tel/Tél: (902) 875-4200
Fax/Télé: (902) 875-3493
E-mail/Courriel: mentalhealth.rh@swndha.nshealth.ca
w/f, m/h, c/e

Family Service of Eastern Nova Scotia

164 Charlotte Street, Suite 200
Sydney, NS B1P 1C3
Tel: (902) 539-6868
Fax: (902) 564-5962
E-mail: fsinfo@fsens.ns.ca
w, m, c, \$ (sliding scale)

Yarmouth Mental Health Center

60 Vancouver Street
Yarmouth, NS B5A 2P5
Tel: (902) 742-4222
Fax: (902) 742-2320
E-mail: psyopd.yrh@swndha.nshealth.ca

REGISTERED SOCIAL WORKERS IN PRIVATE PRACTICE
(Who indicate they support abuse survivors)

Donna Curtis, MSW

Phone: (902)-835-8717
Fax: (902)-835-1140
Email: donnajcurtis@gmail.com

Ken Osbourne, MSW

Phone: (902)-455-9939 Ext. 106
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Email: kosbourne@breakthrough.ns.ca

Jennifer Van Kessel, BSW, MSW

Phone: (902)-407-2095
Fax: (902)-407-5635
Email: jen.vankessel@gmail.com

Paula Weaver, BSW, MSW

Phone: (902)-893-0529 (H) or (902)-893-3991 (W)
Fax: (902)-843-3354
Email: info@ccmin.ca

Shanda L. Woodin, MSW

Phone: (902)-220-0449
Fax: (902)-461-0123
Email: s.woodin@ns.sympatico.ca

Robert S. Wright, BSW/MSW

Phone: (902)-443-0192

Fax: (902)-443-6729

Email: wrightrs@ns.sympatico.ca

ANNAPOLIS COUNTY

Jan Greenough, MSW

Phone: (902)-245-4709

Fax: (902)-245-2145

Email: jgreenough@ns.sympatico.ca

ANNAPOLIS, DIGBY, KINGS COUNTIES

Joseph Beninati, BSW, MSW

Phone: (902)-765-1898

Email: joeben699@live.ca

ANNAPOLIS, DIGBY, YARMOUTH COUNTIES

Madeleine Deveau, MSW

Phone: (902)-769-0123

Fax: (902)-769-0114

Email: mcdeveau@xplornet.com

ANNAPOLIS, HANTS, KINGS, COUNTIES

Wanda Schofield, BSW, MSW

Kentville Family Counseling Centre

Phone: (902)-365-3445

Fax: (902)-365-3446

Email: kentvillefcc@eastlink.ca

Madeline Taylor, BSW, MSW

Phone: (902) 542-9565

Fax: Same, call ahead

Email: heritagehill@mail.com

ANTIGONISH, GUYSBOROUGH COUNTIES

Nelda Armour, MSW

Phone: (902)-863-3798

Fax: (902)-863-3381

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**ANTIGONISH, GUYSBOROUGH, INVERNESS/
RICHMOND, PICTOU COUNTIES**

Deborah Sullivan, BSW, MSW

Phone: (902)-863-1204, (902)-625-0152, (902)-867-0259 (Cell)

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Email: debsullivan@ant.eastlink.ca

ANTIGONISH, PICTOU COUNTIES

Linda Anne Boudreau, BSW, MSW

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CAPE BRETON, INVERNESS/RICHMOND, VICTORIA COUNTIES

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COLCHESTER AND CUMBERLAND COUNTIES

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Phone: (902)-669-0757

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HALIFAX REGIONAL MUNICIPALITY

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Email: www.wholetherapy.ca

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Email: av@eastlink.ca

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Phone: (902)-897-2880

Fax: (902)-895-0151

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Email: balanceforliving@live.com

HALIFAX REGIONAL COLCHESTER, HANTS, KINGS, LUNENBURG, QUEENS

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Email: whollett@eastlink.ca

Shireen V. Singer, MSW

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Fax: (902)-2755049

Email: ssinger@ns.sympatico.ca

HALIFAX REGIONAL MUNICIPALITY, HANTS, KINGS COUNTIES

Kevin V. Mason, BSW, MSW

Phone: (902)-792-8324

Email: masoncounseling@hotmail.com

HALIFAX REGIONAL MUNICIPALITY, LUNENBURG AND YARMOUTH COUNTIES

Nancy Rogers-Currie, BSW, MSW

Phone: (902)-9125 (Res) (902)-470-8077(Bus)

Fax: (902)-470-7211

Email: nancycurrie@eastlink.ca

INVERNESS/RICHMOND COUNTIES

Nancy Seely

Phone: (902)-224-1116

Fax: (902)1-224-1910

Email: seely_n@hotmail.com

INVERNESS AND VICTORIA COUNTIES

Mireille Bourgeois, BSW, MSW

Phone: (902)-224-0940

Email: mib@ns.sympatico.ca

LUNENBURG COUNTY

Sharon Driscoll, MSW

Phone: (902)-624-8364

Email: ithaka@tallships.ca

PICTOU COUNTY

F. Scott MacGillivray, MSW

Phone: (902)-755-4199

Fax: (902)-755-7295

Email: limcallister@ngl.eastlink.ca

Pat O'Sullivan, MSW

Phone: (902)-752-7600 Ext 3113 or (902)-752-4819 (H)

Fax: (902)-928-0297

Email: pat.osullivan@pcha.nshealth.ca

Corinne Sampson, BSW, MSW

Phone: (902)-759-9391

Fax: (902)-928-0297

Email: corinne.sampson@pcha.nshealth.ca

New Brunswick/Nouveau-Brunswick

Community Mental Health Centre/ Centre de santé mentale communautaire

165, rue St. Andrews Street

Bathurst, NB E2A 1C1

Tel/Tél: (506) 547-2038

Fax/Télé: (506) 547-2978

w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

6, rue Arran Street

2nd Floor/2e étage

Campbellton, NB E3N 1K4

Tel/Tél: (506) 789-2440

Fax/Télé: (506) 753-6969

w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

P.O. Box/C.P. 5590

295, boulevard St. Pierre Ouest

Caraquet, NB E1W1B7

Tel/Tél: (506) 726-2030

Fax/Télé: (506) 726-2090

w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

Carrefour Assomption

P.O. Box/C.P. 5001

3rd Floor/3e étage, Suite/Bureau 331

121, rue de l'Église

Edmundston, NB E3V 3L3

Tel/Tél: (506) 735-2070

Fax/Télé: (506) 737-4448

w/f, m/h, c/e

Chimo Help Line

P.O. Box/C.P. 1933

Fredericton, NB E3B 5C2

Tel/Tél: (506) 450-2937 (office)

(800) 667-5005

Fax/Télé: (506) 450-2156

E-mail/Courriel: chimo1@nb.aibn.com

Web site/Site web: www.chimohelpline.ca

w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

Victoria Health Center

P.O. Box/C.P. 5001 - 6

rue Brunswick Street

Fredericton, NB E3B 5G6

Tel/Tél: (506) 453-2132

Fax/Télé: (506) 453-8766

w/f, m/h, c/e

Fredericton Sexual Assault Crisis Centre

P.O. Box 174

Fredericton, NB E3B 4Y9

Tel/Tél: (506) 454-0460

(506) 454-0437 (crisis)

Fax/Télé: (506) 457-2780

w/f, m/h

Sexual Health Center

65, rue Brunswick Street

Fredericton, NB E3B 1G5

Tel/Tél: (506) 453-5200

Fax/Télé: (506) 457-4996

m/h, w/f, (12-24)

Community Mental Health Centre/ Centre de santé mentale communautaire

P.O. Box/C.P. 5001

131, rue Pleasant Road

Grand Falls, NB E3Z 1G1

Tel/Tél: (506) 475-2440

Fax/Télé: (506) 475-2452 w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

130 Route 776

Unit(é) 4

Grand Manan, NB E5G 4K9

Tel/Tél: (506) 662-7023

Fax/Télé: (506) 662-7029

w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

39, rue Notre Dame Street, Unit(é) E

Kedgwick, NB E8B 1H5

Tel/Tél: (506) 284-3431

Fax/Télé: (506) 284-3426

w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

1780, rue Water Street

Suite/Bureau 300

Miramichi, NB E1N 1B6

Tel/Tél: (506) 778-6111

Fax/Télé: (506) 778-5296

w/f, m/h, c/e

Moncton Youth Residences Inc.

536 Mountain Road

Moncton, NB E1C 2N5

Tel: (506) 869-6333

Fax: (506) 869-6336

E-mail: myr@nb.sympatico.ca

www.myrinc.com

w, m, c (16&17)

Adult Survivors of Child Sexual Abuse

Program, Judith Singer Bates
1222 Main Street
Suite 4002
Moncton, NB E1C 1H6
w, m, \$

Community Mental Health Centre

77 Vaughan Harvey Boulevard,
P.O. Box 5001
Moncton, NB E1C 8R3
Tel: (506) 856-2444
Fax: (506) 856-2995
w, m

Community Mental Health Centre/ Centre de santé mentale communautaire

P.O. Box/C.P. 5001
77, boulevard Vaughn Harvey Boulevard
Moncton, NB E1C 8R3
w/f, m/h, c/e

Family Service Moncton Inc.

120, rue High Street
Moncton, NB E1C 6B5
Tel/Tél: (506) 857-3258
Fax/Télé: (506) 858-8315
E-mail/Courriel: famserv@nbnet.nb.ca
w/f, m/h, c/e, \$

Community Mental Health Centre/ Centre de santé mentale communautaire

Perth Mental Health Center
P.O. Box/C.P. 387, 19, rue Station Street
Unit(é) 2
Perth-Andover, NB E7H 4Y2
Tel/Tél: (506) 273-4701
Fax/Télé: (506) 273-4443
w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire

25, boulevard Cartier Boulevard
Richibouctou, NB E4W 5R5
Tel/Tél: (506) 523-7620
Fax/Télé: (506) 523-7678
w/f, m/h, c/e

Barb Gibson and Assoc.

197 Gondola Road
Rothese, NB E2E 2A4
Tel: (506) 847-4827
Fax: (506) 847-8331
w, m, \$

Community Mental Health Centre/ Centre de santé mentale communautaire

5, avenue Riverview Avenue
St. George, NB E5C 3M1
Tel/Tél: (506) 755-4044
Fax/Télé: (506) 755-1807

Community Mental Health Centre/ Centre de santé mentale communautaire
Mercantile Center
55, rue Union Street, 3rd Floor/3e étage
Saint John, NB E2L 5B7
Tel/Tél: (506) 658-3737
Fax/Télé: (506) 658-3739
w/f, m/h, c/e

Family Services Saint John, Inc
255 Metcalf Street
Saint John, NB E2K 1K7
Tel: (506) 634-8295
Fax: (506) 652-1477
E-mail: info@familyplus.ca
w, m, \$

Community Mental Health Centre/ Centre de santé mentale communautaire
41, rue King Street
St. Stephen, NB E2L 2C1
Tel/Tél: (506) 466-7380
Fax/Télé: (506) 466-7501
w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire
Shippagan, NB E0B 2P0
Tel/Tél: (506) 336-3367
Fax/Télé: (506) 336-3366
w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire
Sussex Mental Health Center
30, avenue Moffett Avenue
Sussex, NB E4E 1E8
Tel/Tél: (506) 432-2090
Fax/Télé: (506) 432-2046
w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire
Tracadie, NB E1W1B7
Tel/Tél: (506) 394-3760
Fax/Télé: (506) 394-3770
w/f, m/h, c/e

Community Mental Health Centre/ Centre de santé mentale communautaire
P.O. Box/C.P. 5001
200, rue King Street
Woodstock, NB E7M 5C6
Tel/Tél: (506) 325-4419
Fax/Télé: (506) 325-4610

Prince Edward Island/Île-du-Prince Édouard

Consumer and Family Support

Canadian Mental Health Association
P.O. Box/C.P. 785
Charlottetown, PE C1A 7L9
Tel/Tél: (902) 628-1648
Fax/Télé: (902) 566-4643
E-mail/Courriel: selfhelp@cmha.pe.ca
w/f, m/h,

Victims Services,

Office of the Attorney General
51 Water Street, Box 2000
Charlottetown, PE C1A 7N8
Tel: (902) 368-4582
Fax: (902) 368-4514

Queen Outreach Program

P.O. Box 964
Charlottetown, PE C1A 2M4
Tel: (902) 566-1480
Fax: (902) 628-8718
E-mail: outreach@is.net
w, c

Transition House Association

P.O. Box 964
Charlottetown, PE C1A 7M4
Tel: (902) 368-8658
1-800-240-9894
Fax: (902) 628-8718
w, c

PEI Rape/Sexual Assault Centre

P.O. Box 1522
Charlottetown, PE C1A 7N3
Tel: (902) 566-1864
Fax: (902) 368-2957
E-mail: peirape@isn.net

Lennox Island Health Centre

P.O. Box 135
Lennox Island, PE C0B 1P0
Tel: (902) 831-2711
Fax: (902) 831-2780
w, m, c

Family Violence Prevention; Eastern P.E.I.

Riverview Manor, Box 820
Montague, PE C0A 1R0
Tel: (902) 838-0795
E-mail: gddavies@ihis.org
w, c

West Prince Transition Support Service

O'Leary Regional Services Centre

P.O. Box 8

O'Leary, PE C0B 1V0

Tel: (902) 859-8849

Fax: (902) 859-8709

E-mail: vjsmallman@ihis.org

w, c

East Prince Family Violence Prevention

P.O. Box 1478

Summerside, PE C1N 4K4

Tel: (902) 436-0517

Fax: (902) 888-3002

E-mail: admin@epfvp.ca

w, c

Victim Services,

Department of Community Services

and the Attorney General

263 Harbour Street, Suite 19, 2nd Floor

Summerside, PE C1N 5P1

Tel: (902) 888-8217

Fax: (902) 888-8410

w, m, c